Buena Vista

Mexico& Guatemala with optional Cuba Extension



Can you imagine?

Guacamole
Tacos & Refried Beans
Enchiladas & Quesadillas
Tequila Sunrise
Exotic Fresh Fruit Salads
Quaint Courtyards
Huge Carved Wood Doors
Wrought iron balconies
Potted Geraniums & Polished floors
Mayan Murals & Ceramic masks
Mariachi Bands & Marimba Concerts
Towering Pyramids
Magnificent Temples
Endless colourful markets
Dramatic Landscapes

21 days of colour & adventure Depart Mexico City -1 Nov '18,4Apr'19, 31Oct'19 - 9Apr'20, 5Nov'20

Imagine ... the best of Mexico PLUS Guatemala all on one fabulous adventure Optional extension to Cuba

For colourful history, local flavour, fab food and music - you just can't beat this adventure

Start Mexico City- end Cancun NZ\$6995, single room supplement NZ\$1230 *All costs subject to airlines surchages, increases, currency fluctuations

NOTE ON FLIGHTS

**International flights to Mexico City & Cancun -home are in addition to costs stated above.

Latin Link Adventure

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(Bonded Member of Travel Agents Association of New Zealand)

Trip Itinerary – Buena Vista Mexico & Guatemala

The best of Mexico PLUS Guatemala all on one fabulous adventure. Mexico City – the world's largest city, Teotihuacan Ruins in the Mexican highland, Puebla beautiful Talavera tiles, Monte Alban – a World Heritage Site, Antigua Guatemala is one of the most idyllic destinations in the world, Parque Nacional Tikal, Palenque the ancient Maya site of Palenque, Playa del Carmen options available for trips to Cozumel Island or the archaeological ruins of Tulum. We have been operating this itinerary for the last 10years without any incidents and consider it a safe region to travel through. It does take you off the beaten track and away from the beach scene to experience the real culture of some of Mexico's most unique regions and the colourful gem that is Guatemala.

Optional extension to Cuba

Day 1 Thurs Fly to Mexico City

On arrival to Mexico City we will transfer to our centrally located hotel.

Accommodation: Best Western Zócalo Ciudad de México http://www.hotelmajestic.com.mx/

Mexico City or "Cuidad de Mexico" is the capital of México, very old, the worlds largest city, the financial, political and cultural center of México, the nightlife capital of México, one of the worlds great cities, huge, one of the world's most difficult cities to drive in, filled with exciting things to see and do, sinking, an energetic metropolis or

Day 2 Fri <u>Mexico City (B)</u> Anthropology Museum

just an incredible place to visit.

Mexico City has plenty of offer. First to this impressive museum. Crammed full of relics from the many temples scattered around Mexico and the Yucatan Peninsula, it is easy to 'lose' ourselves for half the day. A bonus is the entertainment by Mayan dancers outside the museum garbed in their exotic dress. Rest of the day to explore more of this sprawling city.

Museo Nacional de Antropología...Extensive collection of artifacts, spanning some 100,000 square feet. This is one of the finest anthropological museums anywhere in the world and certainly the most important in México. The ground floor focuses on the native cultures and societies of México before the Spanish conquest. The famous Aztec sun stone is displayed among the extraordinary collection of artwork from the indigenous population. The museum also provides information about how the descendants of these cultures live today.

Day 3 Sat <u>Teotihuacan Ruins - Mexico City (B)</u>

Today a tour out to these magnificent ruins situated outside the city. Spend the day exploring. Climb the Sun and Moon pyramids, marvelling at the superb workmanship of these fantastic buildings covering 25 square miles that were once home to one million people.

Teotihuacan arose as a new religious center in the Mexican Highland, around the time of Christ. Although its incipient period (the first two centuries B.C.) is poorly understood, archaeological data show that the next two centuries (A.D. 1-200) were characterized by monumental construction, during which Teotihuacan quickly became the largest and most populous urban center in the New World.

By this time, the city already appears to have expanded to approximately 20 square km, with about 60,000 to 80,000 inhabitants. The development of the city seems to have involved inter-site population movements, exploitation of natural resources, an increase in agricultural production, technological inventions, establishment of trading systems and other kinds of socio-political organizations, and attractive belief systems.

By the fourth century, unmistakable influences of Teotihuacan were felt throughout most parts of Mesoamerica. Teotihuacan was the sixth largest city in the world during its period of greatest prosperity, according to an estimated population of 125,000).

The city seems to have functioned for centuries as a well-developed urban center until its rather sudden collapse, possibly in the seventh century. Also visit the Shrine of Guadalupe.

Day 4 Sun Mexico City-Puebla (B)

This morning we take a bus to Mexico's fourth largest city- Puebla

En route we visit Cholula, a small colonial town with some fine churches and the remains of the Tepanapa pyramid, measuring 450 metres along each side of the base and 65 metres high, making it larger in volume than Egypt's pyramid of Cheops. Now overgrown and with a church at the top, it is difficult to recognise the remains of this magnificent pyramid.

Puebla is best known for the beautiful Talavera tiles that adorn its walls, domes, and interiors; and for the mole poblano, Mexico's national dish that originated here. The streets of Puebla, a World Heritage Site, are lined with churches, mansions, and other handsome buildings and are a delight to stroll around.

Accommodation: Hotel Colonial de Puebla

www.colonial.com.mx

Day 5 Mon Puebla -Oaxaca (B)

Continue our journey this morning towards Oaxaca .This afternoon visit Monte Alban, a World Heritage Site, spectacularly situated on a mountain 400 metres above the Oaxaca Valley, a few kilometers west of Oaxaca. Monte Alban is the greatest of the Zapotec cities and it came to dominate the cultural, religious, and economic life of the region. It is also a triumph of engineering where the mountain top was leveled to allow for the creation of the ceremonial site. We will explore the Gran Plaza, the Ball Court, the Observatory, the Palace, and other notable structures.

Accommodation: Hotel Parador San Miguel

www.paradorsanmigueloaxaca.com/en/

Day 6 Tues Oaxaca- San Cristobal de las Casas (B)

Oaxaca, located in a valley surrounded by the Sierra Madre del Sur, was once the centre of the Mixtec and Zapotec civilizations. Today Oaxaca is a combination of pre-conquest, colonial and modern influences. The early Zapotecs developed a great civilization at nearby Monte Albán centuries before the birth of Christ. Two of Mexico's most famous presidents, Benito Juárez and Porfirio Diaz, were of Zapotec origin.

After the Spanish conquered Oaxaca in 1533, the city quickly took on a Spanish flavour, with ornate buildings, churches, elegant archways, balconies, decorative grill work and charming plazas. Yet despite its colonial heritage, the city remains basically Indian at heart, wherein lies its charm.

Morning tour of Oaxaca included with free time to explore this afternoon.

This evening transfer to the bus station for our super comfy overnight sleeper bus with full reclining seats

Day 7 Wed San Cristobal de las Casas (B)

Arrive Tuxtla Gutierrez. We will then transfer via the spectacular Sumidero Canyon to San Cristobal. En route, the tropical heat and plant life prevalent in Tuxtla Gutierrez gradually give way to the nippy mountain air and pine forests that surround San Cristobal, where days are sunny and warm, and nights may be chilly. Amber, the translucent stone derived from fossilized coniferous resin, is plentiful in the region, and attractive shops in town display creative jewellery fashioned out of silver and the ancient rock.

Accommodation: Hotel Mansion de los Angeles www.mansiondelosangeles.com

Day 8 Thurs San Cristobel de las Casas (B)

Enjoy the tranquillity of this small Spanish built town situated in a pine-clad valley and surrounded by distinctly mysterious Indian villages which we will visit. These villages are colourful and they all have their special cults – the churches are guite different as they blend Catholic with their own ancient religions.

We will explore on foot the colonial city center of San Cristobal de las Casas. We will visit the cathedral, on the north side of the pretty main square, with its lavish interior and gold-encrusted pulpit. We then walk a few blocks to the impressive 16th-century Dominican church Templo de Santo Domingo, with its intricate pink façade and gilded Baroque interior. Time to browse the handicraft market in front of the church, where Tzotzil Indians from the surrounding hills come to trade. We then drive 10km into the Chiapas highlands, to the Tzotzil Indian villages of San Juan Chamula and Zinacantan. The Tzotzils descend from the ancient Maya and maintain some unique customs, costumes and beliefs. We will visit the beautiful white church in San Juan Chamula. The candles, incense and chanting worshippers make a powerful impression. We then drive to the nearby village of Zinacantan, with its pretty church and handicraft market.

Day 9 Fri San Cristobal de las Casas- Atitlan (B,L)

We depart by bus this morning and travel through to the Mexico – Guatemala border at La Mesilla where we expect to arrive around midday . Cross the border and our Guatemalan busand guide will be waiting for us to continue our journey through to Quetzaltenango, Guatemalas largest city where we stop for lunch. Continue this afternoon to Lake Atitlan

Accommodation: Posada don Rodrigo

www.posadadedonrodrigo.com

Day 10 Sat Atitlan (B,L)

Transfer to San Juan La Laguna Village where they visit a local textile cooperative to see the back strap loom in use and to see how they still dye with natural dyes. Guests also visit the home and workshop of local naïf painters before boarding the boat onto Santiago Village for lunch. After lunch walk with your guide to find the house where the Maya God Maximon is living. Each year a different "brotherhood" has the privilege of taking care of their God so his location changes. Once with Maximon you may see local shaman performing rituals for local people and if you wish you can ask your guide to help you hire the services of a shaman for you to have a personal ceremony performed. After visiting Maximon guests can visit the local church and learn about the history of this very traditional town and also see the market and learn about the distinctive textiles and primitive art that is famous from this area.

Day 11 Sun Atitlan - Chichi- Antigua (B,L)

Today is the day of the special market at Chichicastenango. Locally referred to as %Chichi+. market has existed for centuries and continues to draw vendors from all over Guatemala. Ample time to explore the market and then a lunch of Mayan specialities Drive through maize, vegetable and coffee fields en route to Antiqua

Accommodation: Posada Los Bucaros http://hotelbucaros.com

Antigua Guatemala is one of the most idyllic destinations in the world, with painstakingly restored Spanish Colonial architecture, manicured parks, stylish hotels, superb international cuisine and a horizon shaped by three spectacular volcanoes.

Nestled in the mountain valley and surrounded by evergreen forest, Antigua retains the aura of the $17^{\rm th}$ Century capital that it was, while blending modern amenities that make it an internationally appealing gateway. Walking along cobblestone streets, visitors find high-end art galleries, fascinating museums, luxurious shops with international treasures and traditional markets packed to the rafters with locally made textiles and woodcrafts. With it architecture, culture and unique setting, Antigua, Guatemala, quite simply is the most charming city in all the Americas.



Day 12 Mon Antigua (B)

Antigua is among the world's best conserved colonial cities, it is a magic and captivating small town that makes you feel time might have stopped some 300 years ago. From its colonial architecture to its beautiful surroundings; strolling through town on the cobblestone streets, you will experience the splendors of ancient times!

Antigua Guatemala offers something for all travel tastes. Colonial history that is always present combines with an array of cultural activities which include art galleries and exhibits, performing arts, popular arts, films, forums, and cultural tourism in general.

This city was once the third most important Spanish colony in the Americas. More than 30 monastic orders called Antigua home and built stunning monasteries, convents and cathedrals in the town. Its setting is majestic, nestled between three dramatic volcanoes: Agua, Fuego and Acatenango.

Half day walking tour of Antigua. Your tour will cover the architectural & historical highlights of this colonial city with a behind-the-scenes look at some of the many ruined churches, convents, and cathedrals. Entrances are included to the Iglesia San Francisco, the Cathedral, Central Park, and La Merced Church

Day 13 Tues Antigua (B)

Coffee isn't just a drink in Guatemala — it's a way of life! Since coffee was first introduced to Guatemala in the 18th century, it has rapidly grown to become the country's main export, as well as a big part of local traditions. On this tour, you're going to dig into the history of the bean and get a full hands-on coffee culture experience. Your Antigua Guatemala tour will start with a short bus ride to the town of San Miguel Escobar, where you'll meet with a representative of the Farmers Cooperative. From that point on, you'll be diving into Guatemalan coffee culture, learning about the whole process from bean to brew, as well as the history of coffee in this corner of the globe. You'll explore coffee plantations and learn about the different varieties of plants being farmed in the region. From there, back to Antigua, where you'll get dropped off at the local market. You'll wander through the market and visit some of the many fresh fruit and vegetable stands, so you can sample a variety of local produce. You'll then head to the tasty "comedores" section of the market (food stands) and try some of the most popular regional dishes of Guatemala.

Day 14 Wed Antigua - Guatemala - Tikal (B,L)

Transfer to Guatemala airport for an early morning flight to Flores

Flores is a slow-paced village with Caribbean sensibility, pastel-colored buildings and friendly people. Flores is situated on an island in Lake Petén Itzá, 45 minutes from *Parque National* Tikal.

There is nothing like Tikal. The majesty of the pyramids and the sheer enormity of the area make this the king of all Mayan pyramids. Enjoy the day exploring and discovering this fantastic place set in beautiful rain forest.

Parque Nacional Tikal is located in Guatemala, about 50 miles northwest of it's border with Belize. In this

remote area, one of the greatest that endured for centuries.

Set in the jungle canopy, the site including a handful of impressively its peak some 1,500 years ago, Mayans.

As is the case with all Mayan sites, discernible. Findings of pottery Christ give evidence that Tikal was By the time of Christ, the Great platforms and stairways on the



civilizations of it's time established a city

today consists of over 3,000 buildings, tall temples that tower above the forest. At Tikal was home to an estimated 100,000

the origins of Tikal are only barely dating from a few hundred years before inhabited then.

Plaza had already taken its basic form, with north side.

Tikal is a place for wondering, not only at the engineering accomplishments of the Maya, but at the jungle splendors of the Peten region in Guatemala. The site of Tikal is a national park where the native flora and fauna still flourish relatively undisturbed. In addition to it's numerous well-excavated temples and pyramids, Tikal presents an excellent opportunity for animal- and bird-watching. Along the paths, spider and howler monkeys, gray foxes and red coatis are often seen. Today, one can **sit atop a pyramid**, gaze at the Great Plaza and roof combs rising up from the sea of jungle and imagine the times more than a thousand years ago when the plaza was alive with activity and the city was surround by cultivated fields dotted with houses

Enjoy exploring the cobble-stone streets of Flores flanked by handicraft stores and charming houses, many of which are small hotels, guesthouses and restaurants.

The shops stay open well into the evening and you can purchase colorful hand-made garments, fabrics and other souvenirs.

Accommodation: Hotel Peten Esplendido www.petenesplendido.com

Day 15 Thurs Flores -Palenque (B)

Depart this morning by bus to Bethel on the Guatemala – Mexico border. Cross the border and continue by boat and bus to Palenque with its remarkable Mayan temples in the midst of emerald green rain forest.

Accommodation: Hotel Mision Palenque

www.hotelesmision.com.mx

Day 16 Fri Palenque (B)

In the foothills of the Tumbala mountains, the ancient Maya site of Palenque sits on a ledge overlooking the swampy plains that stretch northward all the way to the Gulf coast. Palenque was at its height between 500 and 700 A.D., when its influence extended throughout the basin of the Usumacinta river. The elegance and craftsmanship of the buildings, as well as the lightness of the sculpted reliefs with their Mayan mythological themes, attest to the creative genius of this civilization.

It was the flood plain of the Usumacinta river that most likely provided Palenque's inhabitants with the resources to construct their extraordinary city. Blessed with the highest average rainfall in Mexico, this fertile alluvial plain could have been successfully farmed with raised beds, and would have produced a harvest that not only could sustain a large workforce but would also have provided an abundance that could be traded along the Usumacinta. It seems that the gods were as enchanted with Palenque as today's visitors

We take the whole day to enjoy the ruins – they defy description – impressive to say the very least and set in pristine rainforest.

This is one of those days you will never forget.

The Mayan ruins of Palenque were hidden from the modern world until the late 1700s when Mayan hunters told a Spanish priest about the great stone palaces that lay in the jungle. The priest's report and those of other early Spanish explorers helped to unearth one of the most amazing Mayan sites in Mexico.

Day 17 Sat Palenque - Campeche (B)

This morning depart by bus to Campeche on the coast . Campeche is a captivating port filled with naval history, Baroque Spanish architecture, and aging beauty. It was declared a UNESCO World Heritage site in 1999, an event that has spurred restoration of the city's splendid architectural treasures. Specifically, UNESCO cited Campeche city as "a model of the city planning of a baroque colonial city

Accommodation: Hotel Plaza Colonial

www.hotelplazacolonial.com

Day 18 Sun Campeche - Kabah & Uxmal - Merida (B,L)

Enjoy a brief tour of Campeche and then to the archeological sites of Uxmal & Kabah . After lunch continue on to Merida .

Merida - known as the 'White City" due to the large amount of limestone and white paint used, was a centre for Mayan culture long before the Conquistadors arrived.

These days Merida is a bustling, colonial city and there is plenty to see and do. Enjoy the ambience of this friendly town, marimba bands plus the famous mariachi bands.

Culture in the Yucatan. For centuries, the people living on the Yucatan Peninsula were isolated from the rest of Mexico. Largely due to geography, Yucatecan residents have always communicated more easily with parts of North America, the Caribbean and Europe. In addition, the Yucatan Peninsula is home to North America's largest indigenous Indian population, the Mayans, who still speak their own language in addition to Spanish. All of this, mixed with traditional Mexican and Spanish influence, has created a culture unique to this part of the world.

Accommodation: Hotel Del Gobernador

http://www.gobernadormerida.com.mx

Day 19 Mon Merida - Chichen Itza - Playa del Carmen (B,L)

Take the morning bus to Chitzen Itza to visit the most famous of all the Mayan Temples .

Chichen Itza, founded in 432 AD. Here we find some of the finest examples of Mayan temples, pyramids, ballcourts, plus the only observatory to be found on the Yucatan.

Chichen Itza is arguably the most famous Mayan site in Mexico. and derives its name from the deep, naturally occurring well, located near the centre of the site. During the hey-day of this city, this well was used for human sacrifice! But it is the astounding and unique architecture - a result of the invasion by the Toltecs people - that makes this site so incredible.Later today continue on to Playa del Carmen

Playa del Carmen- the former sleepy coastal village has a charm and laid back lifestyle all of its own and a lovely beach . Arrangements end on arrival at Playa del Carmen

Accommodation: Hotel Las Golondrinas

www.hotellasgolondrinas.com

situated in a quiet area , a few blocks to the beach and near Fifth Avenue- the main area for restaurants and shops

Day 20 Tues Playa del Carmen (B)

Day at leisure to relax on the beach or options available for trips to Cozumel Island or the archaeological ruins of Tulum

Day 21 Wed Playa del Carmen- Cancun (B)

You will be transferred to Cancun airport for your flight departure

Cost: NZ\$6995 per person, single room supplement NZ\$1230

Prices for 2020 subject to change

Inclusions:

3 -4 star hotels all rooms with private facilities , all transfers, Tours accompanied by our local english speaking guides in each place , all applicable entrance fees , Meals as indicated \mathbf{B} = Breakfast Included, \mathbf{L} = Lunch Included, \mathbf{D} = Dinner ,Airfare Guatemala- Flores , Latin Link Tour Manager

Exclusions:

Tips & gratuities to local guides drivers, restaurant staff (suggest allow US\$150), items of a personal nature, meals not included

Optional Extension to Cuba

Day 21 Wed Playa del Carmen-Havana (B)

Transfer by bus to Cancun. Fly to Havana, capital of Cuba and transfer to your hotel. Havana was designated a World Heritage Site by UNESCO in 1982. It contains a wealth of colonial architecture,

and the old city and streets around the Malecon (ocean-side walkway) are best discovered on a walking tour (tomorrow). Allow the traditional and modern sides of the enigmatic city to unfold before you.

In Havana there are many churches, museums and memorials all worth taking a further look at. Street after street is graced with grand facades, boasting massive wooden doors, barred windows and narrow sidewalks. This is Havana, a place you may have never known, but a place that you will never forget once you have been to it.

Day 22 Thurs Havana (B,L)

Explore this colonial city and feel the beat. Wonderful churches, palaces and museums, colourful handicraft markets. Formidable Spanish castles of El Morro and La Cabana. Intriguing revolutionary monuments, including the Pavilion Granma, the Museo de la Revolucion and the Memorial Jose Marti. Gran Teatro de La Habana, the oldest functioning theatre in the Americas. – lots to see and do.

We have a half day guided walking tour so we can get the lowdown on the colourful history of this city.

Havana preserves more of its historic colonial legacy than any other city in the Americas. In 1982, UNESCO declared Old Havana a World Heritage Site, a veritable living museum, in which no fewer than 144 buildings from the 16th and 17th centuries are preserved.

Day 23 Fri Havana (B,L)

We have the day to explore the many museums and take the Ernest Hemmingway Tour.

The Museum of the Revolution is a must see – also the cemetery where the guards change every half hour at the mausoleum of Jose Marti – which is quite a spectacle.

Ernest Hemmingway Tour:

Travel 15km to the Finca Vigia, the farm that Ernest Hemingway bought in 1940. The Museum consists of Hemingway's house, a three-story tower, a guest bungalow and a garage. The exhibits attempt to show the flavor of Hemingway's life, with furnishings, hunting trophies, paintings and books that suggest something of his personality. This farm is where Hemingway wrote several things, including The Old Man and The Sea, the novel for which he was awarded the Nobel Prize.

Visit the Ambos Mundos Hotel, built in the 1920's and recently reopened after a long restoration. Off and on throughout the 1930?s, Hemingway slept in room 511, a gloomy room, 16 meters square, with a double bed made of ordinary wood, two night tables and a writing table with a chair translated from the words of Gabriel Garcia Marquez. A plaque on the exterior wall reads The novelist Ernest Hemingway lived in this Hotel Ambos Mundos during the decade of the 1930's.

Walking to El Floridita. "My daiquiri at El Floridita and my mojito at La Bodeguita" Hemingway used to say. This has been Cuba's most famous restaurant since that time. Hemingway, John Ringling and various Cuban presidents have been regulars here because of the excellent food. Our special recommendation is that you do not leave the Island without trying one of the daiquiris concocted in the Floridita Bar. Lunch at the Floridita.

Day 24 Sat Havana – Trinidad (B,L)

After breakfast we depart for the quaint coastal town of Trinidad. You'll enjoy the rolling countryside stopping en route at Che Guavara's enormous monument at Santa Clara.

Trinidad is the best-preserved colonial city in Cuba, in the shadow of the Escambray mountains, and was not even linked by road to the rest of the country until the 1950s.

Declared a national monument by the Cuban government this city is very much as it was four centuries ago, the beauty of its baroque architecture and cobblestone squares harking back to a bygone era when Trinidad was a key player in the Caribbean slave trade.

Day 25 Sun Trinidad (B,D)

Take a city tour to get orientated. This delightful 'museum' town is on the coast, declared a World Heritage Site by UNESCO – 50,000 inhabitants. Enjoy the lively and famous Cuban music.

Afternoon free to explore the many museums – giving you a picture of life before communism and Fidel Castro. Or relax and enjoy the Carribean sunshine and the fabulous beach.

Day 26 Mon Trinidad - Pinar del Rio (B,D)

Time for an early morning dip in the Caribbean before it's time to leave this tropical paradise and travel through the countryside to the beautiful Pinar del Rio Province, famous for it's tobacco and hops growing.

Day 27 Tues <u>Vinales (B,L)</u>

Vinales and especially the surrounding valley are among the absolute top attractions of Cuba.

About 40 km north of <u>Pinar del Rio</u> in the Pinar del Rio province, the valley is stunning. The flat land, full of tobacco and palm trees is scattered with 20-30m mogotes. These are the remnants of the former plateau which is almost entirely washed away by water during the last couple of million years. The process is comparable with that in <u>Cappadocia</u>, (Turkey) but here the mogotes are completely covered with green vegetation.

Like everywhere in Cuba, the people in Vinales are very friendly. Today visit a tobacco farm and factory and see how it's done.

Day 28 Wed Vinales- Havana-Cancun (B)

Last day in Cuba - return to Havana Airport and fly back to Mexico. Stay overnight in Cancun

Day 29 Thurs Depart Cancun (B)

Transfer to the airport for your homeward flight

Additional Cost:

NZ\$2950 per person NZ\$390 single room supplement

Based on a minimum of 2 participants

Includes: airfares Cancun – Havana return, accommodation in 3-4 star hotels rooms with private facilities, meals as specified (B=breakfast, L=Lunch, D=dinner) local English speaking guide, all transfers and tours as specified in itinerary

Buena Vista - Information Sheet

Inclusions:

All internal transport (buses, metro, taxis, boats)

All accommodation 3 -4star share twin/double All entrance fees as per itinerary

All sightseeing as per itinerary local English speaking guides All airport transfers All breakfasts plus 6 lunches.

Please allow yourself \$30-40USD per day for extra food and drinks – this is probably on the high side but best to be safe than sorry – you can always use what's left for the next trip!

<u>Not included</u>: Airport taxes, visas, meals not stated above, personal spending such as laundry, phone calls, travel insurance, medical expenses.

Notes:

■ <u>Visas are not required for Mexico or Guatemala</u> - Latin American officials are very document minded and it is essential to always carry your passport inside your clothes in money belt or leave in the hotel safe. Tourist cards are necessary for Cuba, cost NZ\$80 we arrange these for you

■ Money

ALL MONEY MUST BE IN US DOLLARS FOR MEXICO & GUATEMALA

It is advisable to bring most of your money in US dollars cash including some small US notes. Cash is much easier to change and gets much better rates.Bank Travel Cards and credit cards are feasible in the main centres . For Cuba we suggest take Canadian \$

■ **Travel Insurance** - is compulsory. We can offer a competitive premium - please enquire.

Approximate Exchange Rates:

Mexico: 19Peso = USD 1
Guatemala: 7.5 Quetzals = USD 1
Cuba: CUC Convertible Peso 1 = USD1

- **Tipping** It is customary to tip 10% at all restaurants throughout Central or South America plus show your appreciation of any local guides used.
- **Departure Taxes & Tipping** Are not included. Please allow \$150 USD for tips to local guides & drivers (Mexico & Guatemala) and additional US\$50 for Cuba

 More info in your Pre-Departure Booklet available once confirmation of your place is made.