

# Bike Bolivia-Peru



## Bolivia-Peru

from **NZ\$6275** La Paz – Cuzco

**17 Days**  
**Departs:**  
**2 June ,29Sep 2026**

- **Optional Salt Flats of Bolivia**
- **La Paz – City of contrasts & colour**
- **World's Most Spectacular Downhill Road ride**
- **Lake Titicaca & across the altiplano**
- **Cuzco – Capital of the Inca Empire, great experience**
- **Ride through the Sacred Valley of the Incas**
- **Machu Picchu – Legendary 'lost city' of the Incas**
- **Bike into Manu National Park**

## Latin Link Adventure

### The South American Specialists

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## **Information Sheet – Bike Bolivia & Peru**

Fully Guided – 17 days from La Paz to Cuzco

### **A real kaleidoscope of the Andes Bolivia - Peru**

This varied adventure gives you the opportunity to explore bustling colourful Andean markets and villages of rural , Bolivia and Peru and to discover the mysteries of the Inca Empire, still alive today. The tour has been designed for those keen on Mountain Biking at a medium pace with a mix of biking and sightseeing through some of the more remote but spectacular parts of the Andes .You should be of good fitness and capable of biking 50-60 km in a day. There is a back up support vehicle if you do not feel like biking all the way or prefer to sightsee. We will be biking at altitudes between 500m up to 4700m in La Paz, the highest point.

We start in La Paz which has some incredible downhill rides .There is the option to travel to “Salar de Uyuni”, the largest & highest salt lake in the world. Stay in a hotel made entirely out of salt!

**La Paz** for the world’s most spectacular downhill ride, 65km from 4700m down to 1200m. Incredible variety !

Our journey then takes us across **Lake Titicaca** and the altiplano to the charming colonial city of **Cuzco** – Heart of the Inca Empire. Wonder at the remarkable monument of Sacsayhuaman, villages of Chinchero and Ollantaytambo and Pisaq. Explore the Sacred Valley by bike. Marvel at the fine workmanship and location of magical Machu Picchu. There is an opportunity for the 1 day Inca Trail hike.

Ride the eastern slopes of the Andes to the Cloud Forest and down to the Lowland Rainforest of the Manu Biosphere Reserve.

**Bike Bolivia-Peru – La Paz – Cuzco NZ\$6275(single room supplement NZ\$995)11**

**Bolivia Salt Flats Pre Tour Option: NZ\$1250**

**Inca Trail option NZ\$230**

**Cost is subject to currency fluctuations & based on a minimum of 6 people travelling – there are no hidden costs.**

So no unpleasant surprises once you are in South America - you know before you leave exactly what this trip will cost and it is a bonus not having to dip into your money belt all the time to pay for 'EXTRAS'. We pride ourselves on being totally up front before you leave. Compare our inclusions for yourself, detailed on our Trip Dossier.

We want your adventure to be as hassle-free as possible, so you can expect the following whilst planning to explore "Bike Bolivia -Peru ".

#### **Cost Includes:**

ALL transport (boats, buses, taxis, trains etc)	ALL accommodation 3 star hotels/lodges (twin/double share)
ALL entrance fees as per itinerary	ALL mountain bike hire, support vehicles
ALL national park entrance fees	ALL Bike hire
ALL sightseeing as per itinerary	ALL transfers as per itinerary
Services of experienced local guides Inca Trail	Breakfasts daily, 8 lunches, 4 dinners
Services of experienced Tour Leader	Services of English speaking local guides

#### **Does not include:**

Tips (allow USD150), Insurance, Laundry, Personal Spending, Medical Expenses

Supplement for E Bike Peru

#### **NOTE ON FLIGHTS**

**\*\*International flights on LATAM Airlines Auckland – La Paz & Cuzco – Auckland are in addition to costs stated above. As there can be seasonal specials on airfares these can vary between NZ\$2800 and \$3800 depending on when they are purchased. We will quote you the best airfares at the time of booking and keep you informed on any seasonal specials between time of booking and departure**

All flights are with scheduled airlines, LATAM, economy class.

All flights are booked by Latin Link Adventure and all LATAM flights are eligible for Qantas Frequent Flyer Points.

#### **NOTES:**

(I) IT IS NECESSARY - to have the Yellow Fever & Hepatitis A Inoculation for this trip

(II) VISAS are not required for NZ passport holders

(III) IT IS NOT NECESSARY - to take malarials on this trip

(IV) IMPORTANT – PLEASE LET US KNOW IMMEDIATELY IF YOU WISH TO DO THE INCA TRAIL

#### **HOW TO BOOK:**

Send us your Reservation form with your deposit of \$500 to confirm your place (\$650 if doing Inca Trail)

Group size limited to 14 plus Tour Manager

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**Latin Link Adventure – The South America Specialists**

**1 Highfield Ridge Wanaka 9305 Tel: 03 4435036 Email: [info@latinlink.co.nz](mailto:info@latinlink.co.nz)**

## **What our clients are saying .....**

*The trip was amazingly cheap for what was provided. It provided a fabulous combination of hard exercise and socialising. Riding through magnificent scenery, covered in dust at the end of the day - collapsing in the foyers of lovely hosterias with awaiting cervezas or G+Ts – a fantastic trip*  
**Reta & Grant –Tauranga –Bike the Andes '10**

*An amazing trip . Thank you both for the superb organisation. "Camp Mother" – you were amazing!*  
**Richard & Jan -Ashburton –Bike the Andes '13**

*Accommodation, organisation and everything exceeded our expectations*  
**Charlie & Janet –Nelson –Bike the Andes '13**

*Accommodation well above expectations . Excellent bike guides*  
**James –Timaru – Bike the Andes '13**

*Being part of this group was a fantastic experience for me . I was extended beyond what I believed I could do , with the amazing mountain biking sections- a wonderful trip. Thank you so much for the opportunity*  
**Val –Wanganui – Bike the Andes '13**

*A wonderful group of like minded people, a shared adventure & camaraderie, making it a special trip*  
**Caroline - Auckland - Bike the Andes '15**

*A real adventure -so out of my comfort zone at times but what a buzz! Our group jelled so well together- an added bonus to our fun action packed and well organised experience of South America*  
**Chris -Wanaka -Bike the Andes '15**

*All the guides were helpful and diplomatic and unruffled. This led to a very happy and satisfied group*  
**Graham & Kay -Bike the Andes '15**

*The trip was a real adventure , just what we wanted*  
**Bill & Adrienne -Auckland -Bike the Andes '17**

*A personal highlight was being able to ride to top of Lares Pass ! The whole tour was amazing, well organised, great food/wine& friendships.*  
**Don & Pam - Ashburton Bike the Andes'17**

*We had a great trip to South America and loved Argentina.  
The organisation was exceptional and we were well looked after e- thank you!  
People were so keen to provide good service that it made NZ look a bit average in comparison.  
We always felt safe and appreciated the extra help making bus/train/flight connections which your guides provided.  
Special moments:  
Exceptional service was provided in Salta by the two guides Nacho and Daniela for our 5 day mountain bike. We loved them both and they were great company. They added the extra that made Argentina special for us*

**Alistair & Juliann Tauranga '18**

Day	Date	Program	Overnight
1	Tues	<p><b><u>La Paz</u></b></p> <p>Arrive La Paz. You will be transferred to your hotel Accommodation: Rosario Hotel</p>	La Paz
2	Wed	<p><b><u>La Paz</u></b></p> <p>An easy start as you acimatize to the altitude of La Paz This afternoon a tour of the city including the area of the street markets, rich in handicrafts, weavings and witchcraft artifacts which represent the traditional beliefs of the Challa ( ritual of offerings ) and Pachamama ( mother earth and symbol of fertility ).The tour goes through the colonial part of the city, San Francisco Church, Gold Museum, Murillo Square and the outdoor replica of Tiahuanaco temple. Leaving La Paz, you pass the southern residential areas until you enter into the Valley of the Moon with all of its natural geological formation</p>	La Paz (B)
3	Thurs	<p><b><u>La Paz –World’s Most Spectacular Downhill Ride</u></b></p> <p>A 1 day <b>DOWNHILL</b> ride of up to 65 km in length and with as much as 4,700m of vertical <b>DESCENT</b> to the jungle, with a few easy uphill sections and some flat parts! This ride starts at the highest point, through mountain grasslands, past grazing llamas and alpacas, through the mist of the cloud forest and into the jungle (1200m). After the ride relax at La Senda Verde Cabins and Animal Refuge, the home of rescued monkeys, parrots, a snake, and other wild life. The ride is characterised by incredible scenic and ecological variety, it’s a challenge, as well as being a lot of fun! <i>This trip is run by a Kiwi who is based in La Paz, great bikes and most important, fantastic safety briefing and guides. This trip has become one of “the must do” excursions in South America.</i></p>	La Paz (B,L)
4	Fri	<p><b><u>La Paz – Copacabana</u></b></p> <p>Most of day at leisure in La Paz –the opportunity for an optional tour to visit to Tiwanacu - the pre inca ruins which are one of the most oldest and enigmatic archaeological sites of South America. Or Mountain Bike Mount Chacaltaya (once the world’s highest ski resort) quite possibly, is the trail with the World’s Greatest Loss of Altitude in a single day Later this afternoon by bus over the altiplano with views of snow-capped peaks to Copacabana. Our lovely hotel is right on the shores of the lake Accommodation: Rosario Copacabana Hotel</p>	Copacabana (B)
5	Sat	<p><b><u>Copacabana –Puno</u></b></p> <p>Morning to relax and explore around Copacabana. Optional visit by boat to the Island of the Sun, cradle of the Andean civilization, believed to be where the sun rose out of the lake. A bit of a climb but the views are worth it. Return to Copacabana in time for the bus to cross the border into Peru to our next destination, Puno. Accommodation: Qelqatani Hotel</p>	Puno (B)

6	Sun	<p><b><u>Puno – Cuzco</u></b>  Bus ride to Cuzco along the dramatic landscapes of the high plateau, with occasional views of tiny Andean villages and herds of llamas and vicunas. We will stop at the archaeological museum of Pukara (200BC-AD300), then to La Raya, the highest point of the route at 4335m. Continue to Sicuani for lunch then resume trip to Raqchi, where there is an Inca temple built to worship Wiracocha, one of the most important Inca gods. Our last stop is at Andahuaylillas, where there is a beautiful baroque church built at the beginning of the XVIIth century. It is renowned for its beautiful mural paintings. Arrive in Cuzco late afternoon and transfer to our centrally located hotel.  Accommodation: Royal Inka 1 Hotel</p>	Cuzco (B,L)
7	Mon	<p><b><u>Cuzco</u></b>  Take a walking tour of this lovely city. Cuzco is an incredible experience. The countryside is exceptionally beautiful, 3300m above sea level, here you will encounter a fine blend of Spanish and Inca cultures, colourful Quechua Indian markets, Inca temples and massive stone walls which form the foundations of the city, originally from Sacsayhuaman. Explore the Koricancha, a major Inca Temple and some of the streets, which are lined with intricate stonework, impressive workmanship, which is sure to impress. Afternoon free.</p>	Cuzco (B)
8	Tues	<p><b><u>Cuzco – Sacred Valley</u></b>  Our bus will take you to the Laguna Huaypo near the village of Chinchero. This is the starting point of our ride today. On old Inca trails you will cross the altiplano of Chinchero until reaching the ruins of Moray (3,450 m). The circular terraces of Moray had been an agricultural “research laboratory” of the Inca. The Inca took advantage of the difference in temperature from one terrace to the other one (approx 1.5 C) and created an irrigation system by water channels for the cultivation of different crop strains. On the other side of the Urubamba Valley you will see dramatic the snowcaps of the cordilleras Vilcabamba and Urubamba. After visiting the terraces of Moray nearly 20 km Andean downhill are waiting for you! In the afternoon you will reach the salt mines of Pichingote, which have been used since pre-Hispanic times. Enjoy this extraordinary sight as well as the single trails leading you down to the Sacred Valley of the Inca. You will stay in a charming hotel which is a restored monastery in the Sacred Valley of the Incas  Accommodation: Monasterio Recoleta Hotel  35km of dirt road</p>	Sacred Valley (B,L)
9	Wed	<p><b><u>Sacred Valley</u></b>  Leaving the Sacred Valley you will bike on a small road and reach the Lares Pass above the village of Calca on 4,400 m. Surrounded by the snow capped mountains of the Cordillera Urubamba, you will start your mountain bike downhill on an old Inca trail back to the Sacred Valley of the Inca. This Inca trail leads you through secluded Andean communities, over Inca steps and narrow bridges, off the beaten track. Return to our hotel  40 km of dirt road</p>	Sacred Valley (B,L)

10	Thurs	<p><b><u>Sacred Valley – Agua Calientes – Optional Hike Inca Trail</u></b>          You will be transferred to the railway station to travel by train to Agua Calientes at the base of Machu Picchu. Explore the town, have a soak in the nearby thermal pools .          Accommodation: Santurio Hotel</p> <p><i>For those wanting to experience the Inca Trail take the train to KM104 where you disembark to begin the full day hike to Machu Picchu . The one-day hike from Chachabamba to Machu Picchu is an excellent alternative to the full Inca Trail trek .Enjoy a beautiful day of moderate hiking en route to Machu Picchu. On the 9.6km hike from the trailhead at the Vilcanota River footbridge, ascend a total of 800m. Just prior to reaching Winya Wayna ruins you will reach a spectacular waterfall in a delightful cloud forest glade which offers the possibility of a refreshing shower on a hot day. This merges with the regular Inca Trail at Winya Wayna ruins. From Winya Wayna, most hikers take 1.5 hours for the mainly level walk along the spectacular Inca Trail to the final overlook at Inti Punku, the Gate of the Sun (2,700 m). With typical stops for lunch (included) and photography, overall walking time is 6-7 hours. After arrival at Machu Picchu descend by bus to Agua Calientes</i></p>	Machu Picchu (B)
11	Fri	<p><b><u>Machu Picchu – Sacred Valley</u></b>          Another early morning start by bus up the Hiram Bingham zig zag road to Machu Picchu, suddenly before you, like a gigantic postcard, the <b>LOST CITY OF THE INCAS</b>.          Later this afternoon return by rail to Ollantaytambo and transfer to your hotel.          Accommodation: Sol Ollantay Hotel</p>	Sacred Valley (B)
12	Sat	<p><b><u>Sacred Valley - Paucartambo</u></b>          Travel from the Sacred Valley of the Incas through to the Andean Highlands with its traditional communities. From the highest pass (4170 m) of this mountain bike tour you will enjoy the first downhill, passing wide landscapes and small Andean villages until reaching the colonial village of Paucartambo (2900 m). Stop at the beautiful Colonial Bridge, chat to the locals and browse the stalls and the market place. Overnight in a basic hostel in Paucartambo          50 km of dirt road.</p>	Paucartambo (B,L,D)
13	Sun	<p><b><u>Tres Cruces – Manu National Park</u></b>          An early departure driving to the Acjanaco-pass (3550 m), the last pass and entrance to the Manu National Park, you will reach the viewpoint Tres Cruces de Oro (3700 m). This place offers a great view over the eastern slopes of the Andes and the green canopy of the Amazon Jungle. You will be able to observe a spectacular sunrise, surrounded by the snow-capped mountains of the Cordillera Vilcanota and Cordillera Urubamba. You will look over the Andes to the Amazon Rainforest that extends to the horizon. After breakfast you can enjoy a 65 km downhill, leaving about 2000 m of difference in elevation behind you! You will observe the fascinating change from the altiplano to the Cloud Forest of the Manu National Park with its rich fauna and flora. In the early afternoon you will reach the San Pedro River. A short jungle walk will take you to the Manu Paradise Lodge          65 km of dirt road</p>	Manu (B,L,D)

<b>14</b>	<b>Mon</b>	<p><b><u>Manu National Park</u></b>  Today, before breakfast, we will take our first walk in the cloud forest to observe the cock-of-the-rock as it performs its daily ritual, with groups of males putting on an impressive display to attract females. We will then return to the lodge for a nourishing breakfast, before leaving for Pillcopata, and taking to the river at the small port of Atalaya. During this trip we will pass plantations of manioc, papaya, pineapple and coca leaves. These forests are home to squirrel monkeys and brown capuchin monkeys, and there will be a chance to spot a variety of birdlife, including spix guans, plumbeous kites and black vultures  Return to the lodge</p>	Manu (B,L,D)
<b>15</b>	<b>Tues</b>	<p><b><u>Manu – Cuzco</u></b>  This morning offers another opportunity for the observation of the Cloud Forest’s wildlife. After breakfast you will take the bus back to the Acjanaco Pass and you have the opportunity to the ride the downhill sector to Paucartambo. After lunch, the bus will take you to the Huachuqasa Pass (4170 m) where you can enjoy the last bike ride back to the Sacred Valley of the Incas. You will arrive in Cuzco by bus in the afternoon and transfer to your hotel.  40 km of dirt road</p>	Cuzco (B,L)
<b>16</b>	<b>Wed</b>	<p><b><u>Cuzco</u></b>  Day at leisure to explore Cuzco .  Tonight enjoy a special dinner to farewell the Andes</p>	Cuzco (B,D)
<b>17</b>	<b>Thurs</b>	<p><b><u>Depart Cuzco</u></b>  You will be transferred to the airport.  For those returning to NZ, depart on LATAM Airlines to Lima with a connection via Santiago to Auckland where you would arrive on Monday Alternatively you can fly to Lima for a connection to Buenos Aires for a stopover before returning to NZ. Options available to continue on from Cuzco to explore more of Peru or extend your stay in South America</p>	(B)
	<b>Mon</b>	<p><b>Salt Flats Bolivia Pre Tour</b></p> <p><b><u>La Paz - Uyuni</u></b>  You will be transferred to the airport for your flight to Uyuni  Transfer to our <b>UNIQUE</b> hotel  Accommodation: Luna Salada Hotel  This hotel is one of the most extraordinary in the world, constructed out of blocks of salt. <i>The Uyuni Salt lakes are an area of impressive beauty</i></p>	La Paz

	<b>Tues</b>	<p><b>Salt Flats</b>  Start the journey visiting the Train Cemetery and continue toward Colchani where you will visit the salt processing and distribution centers. Drive across the Uyuni Salt Flats, watch how people extract blocks of salt and visit the first Hotel made of pure salt. Continue the trip toward the Fish Island (Inkawasi) where you will find the tallest cactus in the world, walk up to the top of the island and enjoy the views. After lunch, take a 1 ½ hour drive to Coquesa township, located at the base of the Thunupa Volcano, make a short hike visiting the mommies' tomb, at least 900 years old. The return trip, takes you across the causeway where you can admire several flamingo and other birds feeding on the edges of the salt pan, passes by the 'Eyes of Water' on your return to the hotel. At the same time, the sunset starts to develop and moments later, the red and gold rays flood the salt pan, what a fitting end to a special day.</p>	Uyuni (B,L)
	<b>Wed</b>	<p><b>Uyuni-La Paz</b>  Transfer to the airport and fly to La Paz. Rejoin the main itinerary from Day 2</p>	La Paz (B)
		<p>PO Box 352 Wanaka 9343 Ph: 03 4435036 Email:  <a href="mailto:info@latinlink.co.nz">info@latinlink.co.nz</a>  <a href="http://www.latinlink.co.nz">www.latinlink.co.nz</a> PH: Toll  Free :0800 528465</p> <p><b><u>Pre Departure Information</u></b></p> <p>After registering for the tour, we send you comprehensive pre departure information to assist you in preparing for the trip and also a technical questionnaire form to ensure we have you fitted out with the right size bikes</p>	