

# Bike the Andes



## Argentina-Bolivia-Peru

from **NZ\$14290** Mendoza – Cuzco

**28 Days**

**Departs: 22 May ,18Sep 2026**

- **Mendoza – wonderful vineyards & downhill bike**
- **Salta & the magical Argentine Northwest Circuit**
- **Cachi, Molinos, Cafayate, Humahuaca Gorge**
- **Salt Flats of Bolivia**
- **La Paz – City of contrasts & colour**
- **World's Most Spectacular Downhill Road ride**
- **Lake Titicaca & across the altiplano**
- **Cuzco – Capital of the Inca Empire, great experience**
- **Ride through the Sacred Valley of the Incas**
- **Machu Picchu – Legendary 'lost city' of the Incas**
- **Bike into Manu National Park**

## Latin Link Adventure

### The South American Specialists

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## **Information Sheet – Bike the Andes**

Fully Guided – 28 days from Mendoza to Cuzco

### **A real kaleidoscope of the Andes, Argentina – Bolivia - Peru**

This varied adventure gives you the opportunity to explore bustling colourful Andean markets and villages of rural Argentina, Bolivia and Peru and to discover the mysteries of the Inca Empire, still alive today. The tour has been designed for those keen on Mountain Biking at a medium pace with a mix of biking and sightseeing through some of the more remote but spectacular parts of the Andes. You should be of good fitness and capable of biking 50-60 km in a day. There is a back up support vehicle if you do not feel like biking all the way or prefer to sightsee. We will be biking at altitudes between 500m up to 4700m in La Paz, the highest point.

We start in **Mendoza** at the foot of the Andes with some wonderful wine tasting, and enjoying a spectacular downhill ride in the mid-sierra of the Andes. We then pass through to **Argentina's Colonial Northwest**, the region of **Salta** and the **Calchaqui Valley** with its amazing desert landscapes, wonderful colonial towns and hospitable people, the results of an ancient indigenous culture, mixed with colonial Spanish heritage. We spend 7 days biking through this region, with its dry spring climate (av. 15-22 C) up to an altitude of 3000m. The next stop is the scenic **Humahuaca Gorge**, with its fascinating landscape, especially the Cerro de los Siete Colores of Purmamarca and the Salinas Grande salt flats.

We travel overland by train into Bolivia, across the altiplano to "**Salar de Uyuni**", the largest & highest salt lake in the world. Stay in a hotel made entirely out of salt! On to **La Paz** for the world's most spectacular downhill ride, 65km from 4700m down to 1200m. Incredible variety!

Our journey then takes us across **Lake Titicaca** and the altiplano to the charming colonial city of **Cuzco** – Heart of the Inca Empire. Wonder at the remarkable monument of Sacsayhuaman, villages of Chinchero and Ollantaytambo and Pisaq. Explore the Sacred Valley by bike. Marvel at the fine workmanship and location of magical Machu Picchu. There is an opportunity for the 1 day Inca Trail hike.

Ride the eastern slopes of the Andes to the Cloud Forest and down to the Lowland Rainforest of the Manu Biosphere Reserve.

### **Bike the Andes – Mendoza – Cuzco NZ\$14290(single room supplement NZ\$2400)**

#### **Inca Trail option NZD\$230**

**Cost is subject to currency fluctuations & based on a minimum of 6 people travelling – there are no hidden costs.**

So no unpleasant surprises once you are in South America - you know before you leave exactly what this trip will cost and it is a bonus not having to dip into your money belt all the time to pay for 'EXTRAS'. We pride ourselves on being totally up front before you leave. Compare our inclusions for yourself, detailed on our Trip Dossier.

We want your adventure to be as hassle-free as possible, so you can expect the following whilst planning to explore the "Bike the Andes".

#### **Cost Includes:**

ALL transport (boats, buses, taxis, trains etc)	ALL accommodation 3 star hotels/lodges (twin/double share)
ALL entrance fees as per itinerary	ALL mountain bike hire, support vehicles
ALL national park entrance fees	ALL Standard Bike hire
ALL sightseeing as per itinerary	ALL transfers as per itinerary
Services of experienced local guides Inca Trail	Breakfasts daily, 19 lunches, 4 dinners
Services of experienced Tour Leader	Services of English speaking local guides

#### **Does not include:**

Tips (allow USD200), Insurance, Laundry, Personal Spending, Medical Expenses  
Supplement for e Bike Argentina NZ\$350, e Bike Peru TBA

#### **NOTE ON FLIGHTS**

**\*\*International flights on LATAM Airlines Auckland – Mendoza & Cuzco – Auckland are in addition to costs stated above. As there can be seasonal specials on airfares these can vary between NZ\$2700 and \$3500 depending on when they are purchased. We will quote you the best airfares at the time of booking and keep you informed on any seasonal specials between time of booking and departure**

All flights are with scheduled airlines, LATAM, economy class.

All flights are booked by Latin Link Adventure.

#### **NOTES:**

(I) IT IS Suggested - to have the Yellow Fever & Hepatitis A Inoculation for this trip

(II) VISAS are not required for NZ passport holders

(III) IMPORTANT – PLEASE LET US KNOW IMMEDIATELY IF YOU WISH TO DO THE INCA TRAIL

#### **HOW TO BOOK:**

Send us your Reservation form with your deposit of \$750 to confirm your place (\$850 if doing Inca Trail)  
Group size limited to 14 plus Tour Manager

**Latin Link Adventure – The South America Specialists.1 Highfield Ridge Wanaka 9305**

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**Association of NZ**

## **What our clients are saying .....**

*The trip was amazingly cheap for what was provided. It provided a fabulous combination of hard exercise and socialising. Riding through magnificent scenery, covered in dust at the end of the day- collapsing in the foyers of lovely hosterias with awaiting cervezas or G+Ts – a fantastic trip*  
**Reta & Grant –Tauranga –Bike the Andes '10**

*An amazing trip! Thank you both for the superb organisation. "Camp Mother" – you were amazing!*  
**Richard &Jan -Ashburton –Bike the Andes '13**

*Accommodation, organisation and everything exceeded our expectations*  
**Charlie & Janet –Nelson -Bike the Andes '13**

*Accommodation well above expectations. Excellent bike guides*  
**James –Timaru – Bike the Andes '13**

*Being part of this group was a fantastic experience for me. I was extended beyond what I believed I could do, with the amazing mountain biking sections- a wonderful trip. Thank you so much for the opportunity*  
**Val –Wanganui – Bike the Andes '13**

*A wonderful group of like minded people, a shared adventure & camaraderie, making it a special trip*  
**Caroline - Auckland - Bike the Andes '15**

*A real adventure -so out of my comfort zone at times but what a buzz! Our group jelled so well together-an added bonus to our fun action packed and well organised experience of South America*  
**Chris -Wanaka -Bike the Andes '15**

*All the guides were helpful and diplomatic and unruffled. This led to a very happy and satisfied group*  
**Graham & Kay -Bike the Andes '15**

*The trip was a real adventure, just what we wanted*  
**Bill& Adrienne -Auckland -Bike the Andes '17**

*A personal highlight was being able to ride to top of Lares Pass! The whole tour was amazing, well organised, great food/wine& friendships.*  
**Don & Pam - Ashburton Bike the Andes'17**

*I had a great time, totally met my expectations and did a lot more than just tick off boxes. Fran dealt with a few fast-balls with efficiency and composure. The local guides were without exception knowledgeable, helpful and patient.* **Craig Bike the Andes '19**

Day	Date	Program	Overnight
1	Fri	<p><b><u>Mendoza</u></b>  For those travelling from NZ, you can travel on LATAM Airlines direct to Santiago with a connection to Mendoza. On arrival you will be transferred to your hotel.  Accommodation: Huentala Hotel  <i>Mendoza is nestled in the foothills of the Andes Mountain Range and is located near to Mount Aconcagua. It is famous for its Malbec wines and for being the cradle of the heroic deeds of Liberator General San Martín, Father of the nation. It is one of the most attractive cities in the country. The climate in Mendoza is moderate-temperate, though the mountains provide a certain degree of aridity. Argentina is the fifth largest wine producing country in the world and the city of Mendoza is the hub of the Argentinean wine industry. This vibrant city, with its many beautiful Plazas, is surrounded by dozens of bodegas (wineries) that lie on the outskirts of town with over 356,000 acres of vines (a 2008 stat).</i></p>	Mendoza
2	Sat	<p><b><u>Mendoza</u></b>  Depart from the hotel by van into the Andes to Cacheuta , a small mountain village famous for its hot springs and fresh Andean air . Start our bike ride towards Potrerillos , a distance of 20km with a climb of 300m in elevation, following the winding road along the Mendoza river with breathtaking views of the Andes mountains. The ride ends at Potrerillos Dam where the shimmering lake is framed by the towering mountains. Here a delicious brunch awaits of fresh regional products.  Return to Mendoza this afternoon.   29 km of dirt &amp; paved roads</p>	Mendoza (B,L)
3	Sun	<p><b><u>Mendoza -Salta</u></b>  Transfer to the airport for our flight to Salta  Accommodation: Hotel Design Suites  <i>The Hispanic architecture of the city makes it stand out from the other cities in the country. The colonial influence is evident in the houses, streets, hundred-year-old monuments and narrow sidewalks, surrounded by the mountains nearby.</i>  <i>Winter is warm and dry, with records of an annual average temperature of 22°C.</i>  Afternoon Mountain biking tour through the lush vegetation surrounding the town of San Lorenzo. There are several trails of varying degrees of difficulty ranging from easy-medium level to strenuous. San Lorenzo is a village near Salta, located in the foothills to the west of the Andes, which are known as Pre-cordillera or Cordillera Oriental. The architecture, in the main part of the city, is testimony to the colonial history. Its environs retain one of the most complete biomes of north-western Argentina, called Yungas or Selva Montana (<i>Jungle that grows in the mountains</i>).</p>	Mendoza (B,L)

4	Mon	<p><b><u>Salta- Cachi</u></b>  Travel to the south of the city to the village that produces Virginia tobacco, El Carril. From there, we enter the Escoipe Gorge. After climbing the Cuesta del Obispo (Bishop Slope), we reach the Piedra Del Molino (3,348 m).  After admiring the views at the top, we mount our bikes and descend riding along Route 33 and then Route 40. We cycle through the Cardones National Park, the name given to the huge cacti that grow in the region. The cardones are protected. We arrive in Cachi and spend the night in a cosy hosteria.  Accommodation: El Cortijo Hosteria</p> <p>50 km of dirt roads. Elevation gain: 230m Uphill 1390m downhill.</p>	Cachi (B)
5	Tues	<p><b><u>Cachi – Molinos</u></b>  After breakfast, we ride the Airport and Cemetery Circuit of Cachi. We then prepare for the 55 km ride to Molinos. We travel along the right side of the Calchaqui River, visiting places such as La Paya, El Colte and then reach The Way of the Artisans, the birthplace of the handicraft of Salta. In Seclantas, we stop to gather the troops and tackle the hill to Molinos together, where we spend another night in the magical Calchaqui Valley, in a beautifully restored hacienda.  Accommodation: Hacienda Molinos  55 km of dirt roads. Elevation gain 970mUphill, 1448m Downhill, mostly easy – moderate, challenging uphill (Seclantas)</p>	Molinos (B,L)
6	Wed	<p><b><u>Molinos – Cafayate</u></b>  After breakfast, we drive around the town of Molinos, then Continue for 40 km to the village of Angastaco. , along the legendary Route 40 which stretches the length of Argentina along the spine of the Andes, from the border with Bolivia down to Ushuaia in the south. This part of the journey gives us the opportunity to see the best examples of agricultural production in the Calchaqui Valley. The silence in the Valley and the spectacular scenery will captivate. In Angastaco we start pedalling through the narrow Quebrada de Las Flechas (Gorge of the Arrows), one of the most amazing areas in the Argentine Northwest. The eroded cliffs and slopes, with the high Andes in the distance, create a surreal landscape, a spectacular sight for all that come through here. We arrive in San Carlos and continue by bus to the desert oasis of Cafayate, famous for its high altitude vineyards. The town of Cafayate is another highlight, the friendly inhabitants will make you welcome, as is the tradition of the North-western culture.  Accommodation: Hotel Los Sauces</p> <p>53 km of dirt &amp; paved roads. Elevation gain: Uphill 560m Downhill</p>	Cafayate (B,L)

7	Thurs	<p><b><u>Cafayate</u></b></p> <p>After breakfast explore the town and visit some of the wineries by bike. The main Plaza is the hub of the town and there are several bars, restaurants, with handicraft markets and artisanal food stores. There are a couple of artisanal breweries and ice cream parlours. When it comes to wineries, there are several to choose from. Your guide can help plan a circuit, where you can do some wine tastings, sample some food and make some purchases. A must to visit is the Bodega Piatelli, located on a plateau overlooking the Cafayate valley. It is one of the newer ones and also has a very popular restaurant. The area produces great malbecs, cabernet sauvignon and of recent times Tannat. The most notable achievement of the wine makers here, is the production of Torrontes, a white aromatic wine, grown at altitude.</p> <p>30 km of dirt &amp; paved road, with a little uphill</p>	Cafayate (B,L)
8	Fri	<p><b><u>Cafayate – Purmamarca</u></b></p> <p>Cycle through the Quebrada de las Conchas, another canyon with stunning landscapes of strange rock formations and eroded slopes exposing a kaleidoscope of colours, very similar to the US Western deserts. The colours change as the sun arches over and behind the canyon, a sight to see! We then continue by bus through the Lermas Valley and bypass Salta north, experiencing many changes in vegetation, to ascend into the Humahuaca Gorge region. Overnight is spent in the picturesque small town of Purmamarca in a nice hosteria. Accommodation: Refugio de Cocquena Hosteria 50 km of paved roads. Elevation gain: 550m Uphill, moderate, a long day!</p>	Purmamarca (B,L)
9	Sat	<p><b><u>Purmamarca &amp; Salinas Grande</u></b></p> <p>Another stunning day! We take an early morning ride around the 7 Colours Gorge with its amazing rock formations. Then set off on the road to the Salinas Grandes. These enormous salt flats, one of the largest in South America, are one of the most photographed places in northwest Argentina Following the steep trails up the Lipán, Saladillo and Abra de Potrerillos hills, we'll enjoy the impressive panoramic views of the rugged landscapes of Purmamarca. As we walk, we'll also discover the local wildlife. Keep your eyes peeled for the vicuñas and llamas along the route! Reaching the altitude of Salinas Grandes, at around 3,450 metres above sea level, you will be captivated by the sight of the expansive white desert stretching out before us. The vast salt flat, in contrast to the blue skies, is a striking image. Enjoy a ride on the salt flats. Return to Purmamarca <i>25km of dirt/paved roads: 12km circuit Purmamarca easy.</i></p>	Purmamarca (B,L)

10	Sun	<p><b>Purmamarca -Villazon</b></p> <p>Continue our journey north to the lovely town of Tilcara then through the Humahuaca Gorge by bus to the border town of La Quiaca . Cross the border to Villazon for overnight</p>	
11	Mon	<p><b><u>Villazon – Bolivia Salt Flats</u></b></p> <p>By train to Uyuni on the edge of the salt flats. Dinner is included on board the train. Transfer to our <b>UNIQUE</b> hotel Accommodation: Luna Salada Hotel This hotel is one of the most extraordinary in the world, constructed out of blocks of salt. <b><i>The Salar de Uyuni (Salt Flats) is an area of outstanding beauty!</i></b></p>	Colchani (B,D)
12	Tues	<p><b><u>Salt Flats</u></b></p> <p>Start the day visiting the Train Cemetery and continue to Colchani where you will visit the salt processing and distribution centres. Drive across the Uyuni Salt Flats, watch how people extract blocks of salt and visit the first Hotel made of pure salt. Drive towards Fish Island (Inkawasi) and 25kms from the island, prepare to mount your bike to ride the rest of the way to the island (<b><i>riding on the Salt Flat is a new initiative!</i></b>). Inkawasi has impressive plantings of cacti and is home to the tallest cactus in the world. You can walk up to the top of the island and enjoy the views. See the chain of mountains in the distance, the border with Chile. Have lunch on the salar, a unique experience, then drive to Coquesa township, located at the base of the Tunupa Volcano. Take a short hike to the mummies' tomb, at least 900 years old. The return trip, takes you across the causeway where you can admire several flamingo and other birds feeding on the edges of the salt pan. As well, you will see the 'Eyes of Water'. Meanwhile, the sunset starts to develop and moments later, the red and gold rays flood the salt pan, What a fitting end to a special day.</p>	Colchani (B,L)

13	Wed	<p><b><u>Salt Flats – La Paz</u></b>  Transfer to the airport for a short flight to La Paz arriving in the world's highest capital city. Transfer to our centrally located hotel and take a rest to help adjust to the altitude. This afternoon enjoy a tour of the city including the street markets, rich in handicrafts, weavings and unusual witchcraft artefacts which represent the traditional beliefs of the Challa. There are many offerings that can be bought and offered to Pachamama (mother earth and symbol of fertility). Visit the colonial part of the city, San Francisco Church, Gold Museum, Murillo Square and pass by the outdoor replica of Tiahuanaco temple. Leaving La Paz, you pass the southern residential areas until you enter the Valley of the Moon with all of its natural geological formations. Experience rides on 3 different telefericos, a system of cable cars that dissect the city, connecting the heavily populated el Alto with several parts of La Paz city. Incredible technology!  Accommodation: Rosario Hotel</p>	La Paz(B)
14	Thurs	<p><b><u>La Paz –World’s Most Spectacular Downhill Ride</u></b>  A 1day <b>DOWNHILL</b> ride of up to 65 km in length and with as much as 4,700m of vertical <b>DESCENT</b> to the jungle, with a few easy uphill sections and some flat parts!  This ride starts at the highest point, through mountain grasslands, past grazing llamas and alpacas, through the mist of the cloud forest and into the jungle (1200m). After the ride relax at La Senda Verde Cabins and Animal Refuge, the home of rescued monkeys, parrots, a snake, and other wild life. The ride is characterised by incredible scenic and ecological variety, it’s a challenge, as well as being a lot of fun!</p> <p><i>This trip has become one of “the must do” excursions in South America. The company we deal with has superb bikes, professional staff and great Health &amp; Safety Procedures.</i></p>	La Paz (B,L)
15	Fri	<p><b><u>La Paz – Copacabana</u></b>  Most of the day at leisure in La Paz. There is an opportunity for an optional tour to Tiahuanaco - the pre Inca ruins which are one of the oldest and enigmatic archaeological sites of South America.  Or  Mountain Bike Chacaltaya (once the world’s highest ski resort) which is possibly, a trail with the world’s greatest loss of altitude in a single day.  Later this afternoon travel by bus over the altiplano with views of snow-capped peaks to Copacabana. Our lovely hotel is right on the shores of the lake.  Accommodation: Rosario Copacabana Hotel</p>	La Paz (B)

16	Sat	<p><b><u>Copacabana – Sun Island - Puno</u></b>  Morning to relax and explore Copacabana.  Optional visit by boat to the Island of the Sun, cradle of the Andean civilization, believed to be where the sun rose out of the lake. There's a bit of a climb up the terraces, but the views are worth it. Return to Copacabana in time for the bus to cross the border into Peru to our next destination, Puno.  Accommodation: Qelqatani Hotel</p>	Puno (B)
17	Sun	<p><b><u>Puno – Cuzco</u></b>  Bus ride to Cuzco along the dramatic landscapes of the high plateau, with occasional views of tiny Andean villages and herds of llamas and vicunas. We will stop at the archaeological museum of Pucara (200BC-AD300), then to La Raya, the highest point of the route at 4335m. Continue to Sicuani for lunch then resume trip to Raqchi where there is an Inca Temple built to worship Wiracocha, one of the most important Inca gods. Our last stop is at Andahuaylillas, where there is a beautiful baroque church built at the beginning of the XVIIth century. It is renowned for its beautiful mural paintings.  Arrive in Cuzco late afternoon and transfer to our centrally located hotel.  Accommodation: Antigua San Blas Hotel</p>	Cuzco (B,L)
18	Mon	<p><b><u>Cuzco</u></b>  Take a walking tour of this lovely city. Cuzco is an incredible experience. The countryside is exceptionally beautiful, 3300m above sea level; here you will encounter a fine blend of Spanish and Inca cultures, colourful Quechua Indian markets, Inca temples and massive stone walls which form the foundations of the city, originally from Sacsayhuaman. Explore the Koricancha, a major Inca Temple and some of the streets, which are lined with intricate stonework, impressive workmanship, which is sure to impress. Afternoon free.</p>	Cuzco(B)
19	Tues	<p><b><u>Cuzco – Sacred Valley</u></b>  Our bus will take you to the Laguna Huaypo near the village of Chinchero. This is the starting point of our ride today. On old Inca trails you will cross the altiplano of Chinchero until reaching the ruins of Moray (3,450 m). The circular terraces of Moray had been an agricultural “research laboratory” of the Inca. The Inca took advantage of the difference in temperature from one terrace to the other (approx. 1.5 C) and created an irrigation system by water channels for the cultivation of different crop strains. On the other side of the Urubamba Valley you will see the dramatic snow-caps of the cordilleras Vilcabamba and Urubamba. After visiting the terraces of Moray a 20 km Andean downhill is waiting for you! In the afternoon you will reach the salt mines of Pichingote, which have been used since pre-Hispanic times. Enjoy this extraordinary sight as well as the single tracks leading down to the Sacred Valley of the Inca. You will stay in a charming hotel which is a restored monastery in the Sacred Valley of the Incas  Accommodation: Monasterio Recoleta Hotel  35km of dirt road, moderate to challenging</p>	Sacred Valley (B,L)

20	Wed	<p><b><u>Sacred Valley</u></b>  After leaving the Sacred Valley and driving to a crossroads close to the town of Totara, you will bike the uphill stretch on a gravel road to the Lares Pass at 4,400m. Surrounded by the snow-capped mountains of the Cordillera Urubamba, you will start your mountain bike downhill then go off road to join an old Inca trail. The trail takes you through a small canyon with some challenging riding. You will pass by secluded Andean communities, ride over Inca steps, narrow bridges and see evidence of old Inca burial sites in the towering walls of the canyon. Return to our hotel  40km of dirt road, moderate to challenging</p> <p><i>*Please note that Peru Rail only allow a day pack on the train to and from Machu Picchu. The rest of your luggage will be stored at the Hotel Monasterio.</i></p>	Sacred Valley (B,L)
21	Thurs	<p><b><u>Sacred Valley – Agua Calientes – Optional Hike Inca Trail</u></b>  You will be transferred to the railway station to travel by train to Agua Calientes at the base of Machu Picchu. Explore the town, have a soak in the nearby thermal pools.  Accommodation: Santuario Hotel</p> <p><i>For those wanting to experience the Inca Trail take the train to KM104 where you disembark to begin the full day hike to Machu Picchu. The one-day hike from Chachabamba to Machu Picchu is an excellent alternative to the full Inca Trail trek .Enjoy a beautiful day of moderate hiking en-route to Machu Picchu. On the 9.6km hike from the trailhead at the Vilcanota River footbridge, ascend a total of 800m. Just prior to reaching the Winya Wayna ruins you will reach a spectacular waterfall in a delightful cloud forest glade which offers the possibility of a refreshing shower on a hot day. This merges with the regular Inca Trail at Winya Wayna ruins. From Winya Wayna, most hikers take 1.5 hours for the mainly level walk along the spectacular Inca Trail to the final outlook at Inti Punku, the Gate of the Sun (2,700m). With stops for lunch (included) and photography, overall walking time is 6-7 hours. After arrival at Machu Picchu descend by bus to Agua Calientes.</i></p>	Agua Calientes(B)
22	Fri	<p><b><u>Machu Picchu – Sacred Valley</u></b>  Another early morning start by bus up the Hiram Bingham zig zag road to Machu Picchu. The bus reaches the top and suddenly you can see the iconic <b>LOST CITY OF THE INCAS</b>. It's 'picture postcard perfect'!  Later this afternoon return by rail to Ollantaytambo and transfer to your hotel.  Accommodation: Monasterio Recoleta Hotel</p>	Sacred Valley (B,L)
23	Sat	<p><b><u>Sacred Valley - Paucartambo</u></b>  Travel from the Sacred Valley of the Incas through to the Andean Highlands with its traditional communities. From the highest pass (4170 m) of this mountain bike tour you will enjoy the first downhill, passing by wide landscapes and small Andean villages until reaching the colonial village of Paucartambo (2900m). Stop at the beautiful Colonial Bridge, chat to the locals and browse the stalls and the market place. Overnight in a basic hostel in Paucartambo  50 km of dirt road. Moderate.</p>	Paucartambo (B,L,D)

24	Sun	<p><b><u>Tres Cruces – Manu National Park</u></b>  After breakfast, there is an early departure, driving to the Ajanaco Pass (3550m), the last pass and entrance to the Manu National Park. You will reach the viewpoint Tres Cruces de Oro (3700m) where you will start the ride. Enjoy a great view over the eastern slopes of the Andes and the green canopy of the Amazon Jungle. Time depending, you will be able to observe a spectacular sunrise, surrounded by the snow-capped mountains of the Cordillera Vilcanota and Cordillera Urubamba. You will look out over the Andes to the Amazon Rainforest that extends to the horizon, and then you can enjoy a 65 km downhill, descending 2000m in elevation. You will see the fascinating change from the desolate altiplano to the Cloud Forest of the Manu National Park with its rich fauna and flora. In the early afternoon you will reach the San Pedro River. A short jungle walk will take you to the Manu Paradise Lodge. 65 km of dirt road, great riding.</p>	Manu Lodge (B,L,D)
25	Mon	<p><b><u>Manu National Park</u></b>  Before breakfast, there is a walk in the cloud forest to see Peru's national bird, the cock-of-the-rock as it performs its daily ritual. There is a lot of activity in the trees, with groups of males putting on an impressive display to attract females. Return to the lodge for a delicious breakfast, before leaving for Pillcopata. There is a short orientation of this small town, then continue to the river and the small port of Atalaya, The area is rich in plantations of manioc, papaya, pineapple and coca leaves. These forests are home to squirrel and brown capuchin monkeys, and there will be a chance to spot a variety of birdlife: spix guans, plumbeous kites and black vultures. It's possible to hire a long boat and travel upstream to an Oxbow Lake, home to the very unusual Hoatzin birds. After the Oxbow Lake, there's a quick spin downstream to view some waterfalls, then the drive back to the lodge.</p>	Manu Lodge (B,L,D)
26	Tues	<p><b><u>Manu – Cuzco</u></b>  This morning, there's another opportunity to see more Cloud Forest's wildlife. After breakfast you will take the bus back to the Ajanaco Pass and then ride the downhill sector to Paucartambo. After lunch, travel to the Huachuqasa Pass (4170m) where you can enjoy the last bike ride back to the Sacred Valley of the Incas. You will arrive in Cuzco by bus in the afternoon and transfer to your hotel. 40 km of dirt road, exhilarating!</p>	Cuzco (B,L)
27	Wed	<p><b><u>Cuzco</u></b>  Day at leisure to explore Cuzco.   Tonight enjoy a special dinner to farewell the Andes.</p>	Cuzco (B,D)

28	Thurs	<p><b><u>Depart Cuzco</u></b>          You will be transferred to the airport.          For those returning to NZ, depart on LATAM Airlines to Lima with a connection via Santiago to Auckland          Options available to continue on from Cuzco to explore more of Peru or extend your stay in South America</p>	(B)
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### Latin Link Adventure

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[www.latinlink.co.nz](http://www.latinlink.co.nz) PH: Toll Free :0800 528465

#### **Pre Departure Information**

After registering for the tour, we send you comprehensive pre departure information to assist you in preparing for the trip and also a technical questionnaire form to ensure we have you fitted out with the right size bikes